

## Co-Head Teacher's Monthly Newsletter

#### September 2023

Dear Families,

We have had a brilliant first few weeks back after the summer break. Children and staff are beginning to settle into new classrooms and routines. Our Year 6 class went on the first school trip of the year on a 2-day activity trip. They had a slightly wet but brilliant time!

We have so much planned for this term so please keep an eye on the website and ensure you get in touch if you need any reminders of what is coming up.

We are still perfecting our family support offer and we know some of you will feel be feeling the loss of our previous family support worker. We want to reassure you we are still able to offer everything we have done previously. So if you need any help or support please reach out to Mrs McCallum, Mrs Randall or Mr Kinnear.

Our family support line is still in service so if you need any support, please text your request to the number above e.g. food bank voucher, parental advice etc.

This will be checked weekly on a Wednesday and someone from our family support/ pastoral team will be in touch!

Family Support Phone line: 07770 536 228



Riverleaze, Bristol, BS92HL



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www.seamillsprimar y.org.uk





#### **OFSTED JUNE 2023**

We are exceptionally proud to finally share our amazing Ofsted report from last academic year. As some parents will know we had a visit from 3 Ofsted inspectors towards the end of June over 2 days.

The inspection was very thorough and rather gruelling! They spoke with staff, parents and pupils. They visited lessons, Breakfast Club, After School Club, assemblies and watched playtimes/lunchtimes. They inspected children's books, teacher's planning, and our safeguarding and recruitment records. There was not one aspect of school they did not inspect.

We are all exceptionally proud of our GOOD result. The inspectors were overwhelmingly positive about our lovely school and we missed an outstanding judgement by a very small margin! We were all very proud of the how all of our children behaved and spoke confidently to the inspectors about Sea Mills. Children said that they were proud to be part of our school and that 'everyone is different but all are welcome'. It was recognized by the inspectors that diversity is celebrated and leaders are committed to meeting the needs of all pupils. Inspectors also noted how relationships between all members of the community are warm and supportive.

The full report can be read on our website or via this link: <u>Sea-Mills-Primary-School-OFSTED-June-2023.pdf</u> (seamillsprimary.org.uk)

We want to extend a thanks to all the members of our community for your ongoing support.

A HUGE thank you is deserved to all our dedicated staff and governors who work very hard to make Sea Mills the exceptional school it is!

Congratulations everyone!

#### **OPAL AWARD**

On 15<sup>th</sup> September, the school was awarded a Gold Award from OPAL (Outdoor Play and Learning) for our outstanding progress in providing rich play experiences at play and lunchtimes. We have used grant money to buy new play equipment and a storage shed, opened our Nature area each day at lunchtime and trained staff in managing risk and promoting play. The journey hasn't ended and we still need you help with resourcing exciting play. Look out for 'Small Parts Bingo' coming soon!







# Family Support Chill and Chat Session

We are very pleased to be able to offer a monthly chill and chat session with Nicky Phillips!

The first session will take place on: 5th October 10.30-11.30am

Where: Children's Centre building training room

In this 'drop in' style session, you can request support for anything from food bank, clothes, white goods etc.

Or you can simply use this session to get some advice or just catch up with friends.

### PTFA Update & Events

Welcome back to a new school year and for those that are just starting at school and Reception the warmest hello! We hope by now you have realised that we are a small school but with a big heart for our school community.

Before we get into all the events and things happening this term, we just wanted to say thank you for all the support at the end of last year. In the last term we enjoyed a quiz night for parents and the wider community, the whole school watched a theatre production of 'The Secret Garden', we had our summer Fayre with some animal visitors and a brilliant Family Fun Day to see Nicky into her retirement.

This term the fun continues, we have a spooky disco, wellbeing coffee mornings, Taskmaster quiz night, a magical Christmas Fayre and a Winter Warmer musical celebration at St Edyths all coming up.

You will hear all about these through your class parent rep's WhatsApp groups and as always we would love it if any of you wanted to get involved. We are a friendly bunch and you can join in as much or as little as you want. You can ask your parent class rep if you want more details or if you have ideas for how we can work together to celebrate our community and make this the best experience for all our children.

Jen Lister and all the PTFA

#### **Attendance**

Our school target is: 96%

Our current attendance figure is 94%

We are so close! Everyday counts!

### DIARY DATES OCTOBER 2023

3<sup>rd</sup>- Flu Nasal immunizations

4th Standards Governors Meeting

5th NSPCC workshops for Y5 &6 and Family support Chill and Chat Session

11th Resources and FGB meeting

16th Diversity Week Begins

16th Parents Evening booking opens on Arbor

19th Y6 Class Assembly

19th 2024 Reception Tours 4-5pm

20th Diversity Week Walking Exhibition in hall

(children can be collected from 2.45pm from outdoor classroom doors to enjoy the exhibition

as a family)

23rd HALF TERM

30th Term 2 Begins

#### November

1st Individual School Photographs





## YOU'RE INVITED TO OUR NEXT

### Kintsugi Hope Wellbeing Group

Come and join us as we journey together for 12 weeks to explore how to maintain positive mental and emotional wellbeing in the midst of our busy lives.

To book a place or for more information please get in touch.

Start date:

21st September -Taster session

Contact:

To book contact Rebecca reb.asma@outlook.com

07790443562

Time:

Thursdays 1.30- 3pm Free - donation only

Venue:

Training Room, Sea Mills Children's Centre, Riverleaze, Sea Mills. BS9 2HL

'Kintsugi' is the Japanese art of repairing broken pottery with seams of gold. When brokenness is repaired, the object becomes more beautiful and unique than it was before. Instead of hiding the scars, it makes a feature of them.









### 11-19 YEARS OLD?

We help young people with all kinds of things like ...

Message us for confidential advice and support and to chat with a School Nurse.

The service is open on Monday to Friday from 9am-5pm.

Send a message to: **07312 263093** 

Menta/ Heafth Bullying A/coho/ Self Harrn

Healthy Eating Re/ationsh.

Drugs Smoking





For terms and conditions see https://cchp.nhs.uk/chathealth

#### Hello, Parents & Guardians!



We are BeeZee Bodies, and we work with Bristol Council to provide FREE (and FUN!) healthy lifestyle support for families.\* We run BeeZee Live an online course where you and your family can learn how to make small changes to create healthy habits.

www.beezeebodies.com/programs/families-live

 BeeZee Live times
 5-8 yrs Tuesday 4:30pm

 5-8 yrs Monday 5:30pm
 9-12 yrs Tuesday 5:00pm

 9-12 yrs Monday 6:30pm
 9-12 yrs Tuesday 6:30pm







September is . . . back to school routines





You and your child may be going through a lot of change this week by returning to school or even starting a new school. Breathing exercises is one of the best tools to reduce anxiety.

Using your finger, slowly follow the line of the infinity loop. Take a deep breath in as your finger follows the right hand side, then breathe out as your finger follows the left hand side.

Aim to take 3 to 4 seconds to complete each half of the loop. Repeat this loop 7 times, focusing on your finger as you do so.



"To be eligible for this awesome free service, your family must live/go to a school in Bristol and include one child who is above their ideal healthy weight.









